



DeMarcation
CONTROLLED TEST
2026
TERM 2
Grade 7

NAME: _____

TEST RULES



FAIR TESTS. HONEST WORK. YOUR FUTURE.



FOLLOW THE RULES.



RESPECT THE PROCESS.



DO YOUR BEST.

1

No phones or smartwatches allowed at school (**banned**).



2

Learners must be dressed in the correct uniform.



3

Learners may not borrow stationery, paper, study notes, or books from each other.



4

Learners may not send notes to each other.



5

Learners may not study together.



6

Learners' school bags must be placed neatly outside the class during the test. No learner will be allowed to remove anything from their bag during the period.



7

A timetable regarding which periods we are following on each day is attached to this booklet. Therefore, please pack your bag according to the periods you have on certain days.

TIMETABLE				
MON	TUE	WED	FRI	
✓	✓	✓	✓	
✓	✓	✓	✓	
✓	✓	✓	✓	

8

No notes may be used, even if it is written during the session. Rough work should be done on the test paper. Mark clearly as 'rough work'.



9

If a student is caught using any notes or assistance from another student, his/her test will be confiscated immediately. A disciplinary hearing will follow.



10

Learners may not communicate in any way with each other during the test session.



11

****If a student is caught cheating in any way, his or her test paper will be taken, and they will be allowed to restart the paper. (Even if there is only 10 minutes left to complete the test).**



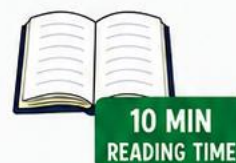
12

Learners may not arrive late for their test session – If you are late for the session, no additional time will be given.



13

Learners may not write during reading time. 10 minutes of reading time will be given to learners before writing.



14

No space cases or pencil bags are allowed, only clear plastic sleeves or cases.



15

Learners may go to the bathroom 10 minutes before the test. Learners cannot go to the bathroom during the test period.



16

Only water in clear bottles may be brought into the class.



17

Learners are not allowed to eat in class.



**BE HONEST. BE RESPONSIBLE.
BE PROUD OF YOUR WORK.**



★ FOLLOW THE RULES TODAY FOR YOUR SUCCESS TOMORROW! ★

SMART STUDY TIPS

FOR GRADE 4-7 LEARNERS

Good habits today, great results tomorrow!

1

STUDY A LITTLE EVERY DAY (DON'T CRAM!)



Your brain remembers better when you revise in small chunks.

Even 20-30 minutes a day is more powerful than studying everything the night before.

2

USE YOUR DEMARCATION LIKE A TREASURE MAP

Your demarcation shows exactly what to study—nothing extra, nothing missing.

Tick off topics as you revise so you know what you've mastered.



3

DON'T JUST READ... DO SOMETHING!



Reading is not enough. Try:

- Writing summaries in your own words
- Drawing mind maps
- Doing practice questions
- Explaining work to someone else

4

TEACH IT TO SOMEONE ELSE

If you can explain it to a friend, sibling, or even your teddy bear—you truly understand it!



5

BREAK BIG WORK INTO SMALL PIECES



Instead of "I must study Natural Science," say:

- Today: Mixtures
- Tomorrow: Solutions

Small steps = less stress

6

USE A TIMER (FOCUS POWER!)

Try studying in short bursts:

25 minutes studying → 5 minutes break

This helps your brain stay sharp and focused.



7

MAKE IT COLOURFUL AND FUN

Use:

- ✓ Highlighters
- ✓ Colour codes
- ✓ Drawings and diagrams
- ✓ Flashcards

Your brain remembers colour and visuals better!



8

SLEEP IS PART OF STUDYING

A tired brain forgets easily.

Aim for a good night's sleep before test days—your brain needs it to "save" information.



9

AVOID DISTRACTIONS

Put away:

- ✗ Phones
- ✗ TV
- ✗ Loud noise

Create a quiet "study zone" where your brain can focus.



10

BELIEVE IN YOURSELF

Confidence matters! If you prepared, you are ready.

Stay calm and do your best.



★ PREPARE WELL. STAY POSITIVE. YOU'VE GOT THIS! ★

TIMETABLE TO FOLLOW FROM 26 MAY 2026 – 8 JUNE 2026

TIMES			1	2	3	4	5	BREAK	6	7	8	9	10	11
	07:25-07:30	07:30 - 07:40	07:40-08:10	08:10-08:40	08:40-09:10	09:10-09:40	09:40-10:10	10:10-10:45	10:45-11:15	11:15-11:45	11:45-12:15	12:15-12:45	12:45-13:15	13:15-13:45
TUESDAY 26 MAY	REGISTER	READING TIME	Grade 4 - 7 AFRIKAANS FIRST ADDITIONAL LANGUAGE				TEXTBOOK AUDIT		TUE. P1	TUE. P2	TUE. P3	TUE. P4	TUE. P5	TUE. P6
WEDNESDAY 27 MAY	REGISTER	READING TIME	Grade 7 ECONOMIC MANAGEMENT SCIENCES			TEXTBOOK AUDIT	TUE. P7		TUE. P8	TUE. P9	TUE. P10	TUE. P11	WED. P1	WED. P2
THURSDAY 28 MAY	REGISTER	READING TIME	Grade 4 - 7 MATHEMATICS			TEXTBOOK AUDIT	WED. P3		WED. P4	WED. P5	WED. P6	WED. P7	WED. P8	WED. P9
FRIDAY TIMES			1	2	3	4	5	6	BREAK	7	8	9	10	11
	07:25-07:30	07:30 - 07:40	07:40-08:08	08:08-08:36	08:36-09:04	09:04-09:32	09:32-10:00	10:00-10:28	10:28-10:53	10:53-11:22	11:22-11:51	11:51-12:20	12:20-12:50	12:50-13:20
FRIDAY 29 MAY	REGISTER	READING TIME	Grade 7 CREATIVE ARTS		TEXTBOOK AUDIT	WED. P10	WED. P11	THU. P1		THU. P2	THU. P3	THU. P4	THU. P5	THU. P6
MONDAY 1 JUNE	REGISTER	READING TIME	Grade 4 - 7 SS - GEOGRAPHY		TEXTBOOK AUDIT	THU. P7	THU. P8		THU. P9	THU. P10	THU. P11	FRI. P1	FRI. P2	FRI. P3
TUESDAY 2 JUNE	REGISTER	READING TIME	Grade 4 - 7 ENGLISH HOME LANGUAGE				TEXTBOOK AUDIT		FRI. P4	FRI. P5	FRI. P6	FRI. P7	FRI. P8	FRI. P9
WEDNESDAY 3 JUNE	REGISTER	READING TIME	Grade 7 TECHNOLOGY			TEXTBOOK AUDIT	FRI. P10		FRI. P11	MON. P1	MON. P2	MON. P3	MON. P4	MON. P5
THURSDAY 4 JUNE	REGISTER	READING TIME	Grade 4 - 7 SS - HISTORY		TEXTBOOK AUDIT	MON. P6	MON. P7		MON. P8	MON. P9	MON. P10	MON. P11	TUE. P1	TUE. P2
FRIDAY TIMES			1	2	3	4	5	6	BREAK	7	8	9	10	11
	07:25-07:30	07:30 - 07:40	07:40-08:08	08:08-08:36	08:36-09:04	09:04-09:32	09:32-10:00	10:00-10:28	10:28-10:53	10:53-11:22	11:22-11:51	11:51-12:20	12:20-12:50	12:50-13:20
FRIDAY 5 JUNE	REGISTER	READING TIME	Grade 4 - 7 NATURAL SCIENCE & TECHNOLOGY			TEXTBOOK AUDIT	TUE. P3	TUE. P4		TUE. P5	TUE. P6	TUE. P7	TUE. P8	TUE. P9
MONDAY 8 JUNE	REGISTER	READING TIME	Grade 4 - 7 PSW & LIFE ORIENTATION			TEXTBOOK AUDIT	TUE. P10		TUE. P11	WED. P1	WED. P2	WED. P3	WED. P4	WED. P5

26 May 2026	AFRIKAANS FAL	Grade 4 - 7
Afdeling A (20)	Begripstoets (comprehension)	
Afdeling B (10)	Visuele teks (visual text)	
Afdeling C (10)	Opsomming (Summary)	
Afdeling D (20) Taalstrukture en -Konvensies (language structure and conventions)	Lydende en bedrywende vorm (Active and passive voice)	
	Verlede tyd (Past tense)	
	Toekomende tyd (future tense)	
	Sinonieme & Antonieme (synonyms and antonyms)	
	Bywoorde (tyd, plek & wyse) (adverbs: time, place and manner)	
	Trappe van vergelyking (degrees of comparison)	
	Selfstandige naamwoorde (nouns: All types of nouns)	
	Byvoeglike naamwoorde (adjectives)	
	Meervoude (plurals)	
	Verkleining (diminutive)	
	Maak die sin reg (correct the sentence)	
	❖ Hoofletters (capital letters)	
	❖ Punktuasie (punctuation)	

27 May 2026	EMS	Grade 7
<i>All activities and notes in the classwork book</i>		
Booklet Term 1: The economy	The History of Money	Pg. 3 – 7
	Needs and wants	Pg. 8 – 10
	Goods and services	Pg. 11 – 18
	Inequality and poverty	Pg. 19 – 25
Booklet Term 2: Financial Literacy	Accounting concepts	Pg. 2 – 11
	Assets and Liabilities Statement of Net Worth	Pg. 16
	Income and expenses Budgets – personal/household/business	Pg. 17, 19, 23, 24, 26
	Learners may use a calculator. Please take note: NO BORROWING WILL BE ALLOWED.	

28 May 2026	MATHEMATICS	Grade 4 - 7
Whole numbers	Compare and order	Pg. 4 – 6
	Place value and value	Pg. 7 – 8
	Prime numbers	Pg. 9 – 10
	Rounding	Pg. 11 – 19
	Properties of whole numbers	Pg. 80 – 81
	Operations: addition, subtraction, multiplication, and division	Pg. 21 – 22
	Factors and multiples (LCM and HCF)	
Common fractions	Ordering	Pg. 88 – 97
	Comparing, addition, subtraction, and multiplication	
	Equivalent fractions	
	Simplifying	
	Mixed fractions	
	Problem solving	

Ratio and rate	Simplifying	Pg. 24 – 29
	Sharing quantities	
	Problem solving	
Financial context	Solving problems	Pg. 29 – 33
	Involving financial contexts	
Numeric and geometric patterns	Investigate and extend patterns	Pg. 169 – 181
	Constant and non-constant ratios	
	Tables	
	Using number sentences	
Functions and relationships	Input and output values	Pg. 184 – 189
	Equivalent forms	
Integers	Order, compare and count	Pg. 250 – 262
	Add, subtract and multiply	
	Problem solving	
Exponents	Compare and represent numbers in exponential form	Pg. 35 – 44 + 82
	Exponential forms: square and cube roots	
	Calculations and solving problems with exponents	

29 May 2026		creative ARTS	Grade 7
VISUAL ARTS	Term 1	Pg. 1 – 10: Elements of Art, The principles of Design, Reflection of an art	
	Term 2	Pg. 1 – 5: Notes, Definitions	
		Pg. 19 – 20: Still life	
		Pg. 22 – 24: Colour mixing	
		Pg. 28 – 30: Shading techniques	
DANCE	Term 1	Pg. 2 – 6: Dance conventions and notes	
		Pg. 11 – 13: Elements of dance	
	Term 2	Pg. 2 – 5: Floor work	
		Pg. 6 – 9: Terminologies and concepts	
		Pg. 12 – 13: Elements of Art	
		Pg. 20: Surya Namaskar – cooling down with stretching	

1 June 2026		SS - GEOGRAPHY	Grade 4 - 7
<i>All activities and notes in the classwork book</i>			
<i>NB!! Tests are source-based and paragraph writing.</i>			
Term 1 Booklet		Map skills	Pg. 1, 3, 5, 7, 8
Term 2 Booklet		Structure of the Earth	Pg. 10 – 11
		Volcanoes	Pg. 12 – 13
		Earthquakes	Pg. 14, 15, 16, 18
		Floods	Pg. 19 – 20

2 JUNE 2026	ENGLISH HOME LANGUAGE	Grade 4 - 7
All language concepts		
Complex sentences		
Compound sentences		
Conjunctions: Coordinating and Subordinating		
Clauses and Phrases: Adverbial and Adjectival		
Parts of speech		
Synonyms		
Imperative form		
Implied subject		
Summary; format		

3 JUNE 2026	TECHNOLOGY	Grade 7
2D & 3D drawings	Pg. 32	
Levers & classes	Pg. 46 – 54	
Structures	Pg. 73	
Drawings & lines		
Types of structures, purpose & classifications		
Case studies		
Telephone & cell phone system (explain and draw)	Pg. 81 – 82	
Advantages & disadvantages of cell & telephone systems	Pg. 82	
Mechanical advantage	Pg. 48	
Hydraulics vs pneumatics	Pg. 63	
Visual pollution		
The design process	Pg. 4	

4 JUNE 2026	SS - HISTORY	Grade 4 - 7
<i>All activities and notes in the classwork book</i>		
<i>NB!! Tests are source-based and paragraph writing.</i>		
Term 1 Booklet	Unit 1: Trade across the Sahara Desert	Pg. 1 – 4
	Unit 2: The Kingdom of Mali	Pg. 4 – 6
	Unit 3: The City of Timbuktu	Pg. 6 – 10
Term 2 Booklet	Unit 1: West Africa before the 16th Century	Pg. 10
	Unit 2: Slavery in the American South	Pg. 11 – 13
	Unit 3: Impact of the Transatlantic Slave Trade on Slaves	Pg. 14 – 16
	Unit 4: Economic Impact of the Transatlantic Slave Trade	Pg. 17 – 18

5 JUNE 2026	NATURAL SCIENCE	GRADE 7
Term 1 Notes pasted and completed in workbook	Biosphere and sustaining life	
	Classification of living things	
	Vertebrates and invertebrates	
	Plant diversity and pollination	
	Human reproduction/puberty	
Term 2 Notes pasted and completed in workbook	Physical properties of materials	
	Impact of materials on the environment	
	Mixtures and methods of separation	
	Sorting and recycling materials	
	Tastes of substances	
	Acids, bases, and neutral substances	
	Acid-base indicators	
	Arrangement of elements on the periodic table	
	Properties of metals, semi-metals, and non-metals	

8 JUNE 2026	LIFE ORIENTATION	GRADE 7
Oscar Pistorius (About)	Internet	
Rights & responsibilities	Pg. 66 – 68	
Changes in boys & girls	Pg. 21	
Effects of peer pressure	Pg. 32 – 37	
Keywords	Term 1 and 2	
Public holidays in South Africa	Calendar	
Fair play in various athletic and sports activities: role of values, trust, and respect for difference	Pg. 70 – 71	
Case studies	Worksheets	
World of work		
Paragraph writing	❖ Dealing with abuse ❖ Developing your memory ❖ Human Rights	

